

Monday 2nd October

World Mental Health Day October 10th, 2023

Dear Parents and Carers

As you know good mental health is something we take very seriously at Burton Borough, and we are very proud of the things we have in place to support both our students and our staff. It seems very apt then that we do something as a whole school to mark World Mental Health Day.

On this day we are joining forces with Young Minds and supporting their #HelloYellow initiative. On Tuesday October 10th we are inviting students in years 7 and 8 and staff to come into school wearing something yellow. Students are still in their uniform, with their blazers but they can change one other of other uniform to something yellow. Alternatively, they can wear something yellow to embellish their uniform on that day. Ideas might be a yellow scrunchie or ribbon in their hair for girls or yellow socks under trousers for all students. Students and staff will pay £1, and we will donate that money to Young Minds to help fund the very worthwhile work they do with young people.

Furthermore, we will be holding a Bake Sale on Tuesday 10th October at break and lunch time in the year 7 office. Our Bake Sales are always popular, and we would greatly appreciate your support, either by buying some treats or bringing in some much-needed donations. Please bring any donations to school on the morning of Tuesday 10th October.

We hope that your child will be able to support us on that day and wear something yellow in support of #HelloYellow and World Mental Health Day.

Best Regards

Karen Heins
Mental Health and Wellbeing Lead